



Blood Provider Locations

South Dakota: Sioux Falls (Sanford Medical Center, Avera McKennan Hospital & University Health Center, Avera Heart Hospital, Avera Specialty Hospital, Sioux Falls Surgical Hospital, Sanford Children's, Sanford Heart Hospital, and the V.A. Medical Center), Aberdeen, Brookings, Dell Rapids, Flandreau, Canton, Madison, Chamberlain, Viborg, Watertown, Clear Lake, Vermillion

Minnesota: Bemidji, Jackson, Hendricks, Luverne, Pipestone, Slayton, Tracy, Tyler, Westbrook, Windom, Worthington

Iowa: Rock Rapids, Rock Valley, Estherville, Sheldon, Sibley

For More Information

Community Blood Bank

PO Box 1343
Sioux Falls, SD 57101
Phone: (605) 331-3222
Toll Free: 1-877-877-3070
Fax: (605) 331-3335
www.cbblifeblood.org

Community Blood Bank Donor Room at Avera McKennan Hospital

Avera Doctors Plaza II, 4th Floor
(605) 322-7111
Monday - Thursday
8 a.m. - 6 p.m.
Friday
8 a.m. - 4 p.m.

Community Blood Bank Donor Room at Sanford USD Medical Center

Main Front Lobby
(605) 333-6444
Monday, Wednesday, Friday
7 a.m. - 5 p.m.
Tuesday, Thursday
8 a.m. - 6 p.m.



Community Blood Bank

Learn more about blood donation.



COMMUNITY
BLOOD BANK

THE LIFE BLOOD OF YOUR COMMUNITY



COMMUNITY
BLOOD BANK

THE LIFE BLOOD OF YOUR COMMUNITY

A Community Blood Bank

The sole mission of the Community Blood Bank is to provide a safe, cost-effective supply of blood to over 36 local area hospitals. If you or someone you know receives blood or blood products for medical treatment, we rely on local support to help replenish the units used so it is available for other patients. Your support of Community Blood Bank bloodmobiles plays a critical role in the medical treatment of your friends, neighbors, and other community members.

Every three seconds someone needs blood. Think about your community – what can be done to make sure your friends, neighbors and family receive the blood they need? It's simple – donate blood to the Community Blood Bank.

Why Should I Donate?

Community Blood Bank needs over 550 donors to donate blood every week, more than 28,000 every year, to maintain an adequate local supply. Only 5% of the eligible population donates blood. We need an average of 100 units of blood per day, so it's easy to see why your regular donation of blood is essential to take care of local patients.

Donated blood is used to care for patients in traumas, surgeries, burns, cancers and other illnesses. It cannot be manufactured; blood can only be provided by volunteer donors like you. Stored blood has a shelf life of 42 days, and some components only 5 days.

The entire process of donating blood only takes 25-30 minutes. In a very short period of time, you can make a tremendous difference in the lives of patients and their families who are depending on your donation. During those few minutes it takes to donate blood, you will be able to help at least three other people.

Who We Are

The Community Blood Bank is a non-profit cooperative service of Avera McKennan and Sanford USD Medical Center in Sioux Falls. We are the sole supplier of blood and blood products to hospitals and healthcare organizations in South Dakota, Minnesota and Iowa. The blood is collected locally, processed locally and transfused to save local lives. Community Blood Bank is not affiliated with any other blood bank entity.

We know that it is important to donors to maintain accurate records on donation accumulation, and be recognized when donation milestones are reached. For this reason, Community Blood Bank does accept donation totals made to other blood bank organizations. When you register to donate with Community Blood Bank for the first time, you will receive credit for previous donations; just let us know how many times you have donated with other blood banks and we will begin where you left off. It is our honor to provide gallon markers to properly recognize your amazing dedication and commitment for providing the gift of life.

What Happens to My Blood and How Will It Be Used?

After you donate a unit of blood, the blood is put through FDA-required tests to ensure its safety for use. Then the blood is processed into different components with each one helping a different patient. For example, trauma patients may be transfused with red cells; platelets are used in cancer treatment, surgeries, transplants and other treatments; and plasma is used in the treatment of burns, surgeries and other procedures. Once the testing comes back from our labs, the blood is stocked in the blood bank for distribution to where it's needed locally.

General Requirements to Donate Blood

To donate blood, you must be at least 17 years of age (16 with parental permission), weigh at least 110 pounds and be in general good health. You can safely donate blood every 56 days. Make sure you are well rested, drink plenty of fluids, and eat a good meal before you donate blood. As part of the process of donating, you will have your blood pressure and pulse rate checked, along with your blood iron level.

Where Can I Donate?

The Community Blood Bank bloodmobile hosts many blood drives throughout the community and region, making it convenient for you to donate regularly. Ask your employer if the bloodmobile visits your workplace. The Community Blood Bank relies on you and community partners to host blood drives. Hosting a blood drive is easy – we will provide everything you need. All we ask is for your enthusiasm in encouraging a big turnout to donate blood for your community. It's a wonderful, life-saving volunteer project for your workplace, school, church or business that will directly benefit local patients and families.

You can also donate blood in the donor rooms at Sanford Health or Avera McKennan Medical Centers. Call (605) 331-3222 or (877) 877-3070 to schedule an appointment, or go to our website at cbblifeblood.org, and click the Register to Donate tab at the top.

We look forward to your next donation and the opportunity to serve you. You are the life blood of the community.